

MENTAL HEALTH CARE PLAN

PSYCHOLOGIST

10-20 MEDICARE REBATES PER CALENDAR YEAR

STEP ONE

Attend appointment with your GP to determine if you are eligible for a Mental Health Care Plan (MHCP).

If you meet the eligibility criteria, a GP will provide you with a MHCP.

STEP TWO

Commence an **initial 6 session** course of treatment with psychologist.
(sessions 1-6)

STEP THREE

When you have completed 6 sessions, return to your GP for a review. If you meet eligibility criteria you will be granted a further 4 sessions.
(sessions 7-10)

STEP SIX

When you have completed 10 sessions, return to your GP. If you meet eligibility criteria, you may be granted an addition 10 sessions.
(additional 10 sessions)

STEP SIX

When you have completed the additional 10 sessions you will be unable to obtain another MHCP until after the following calendar year.

